

# Your Meal Plans !



## Breakfast

6

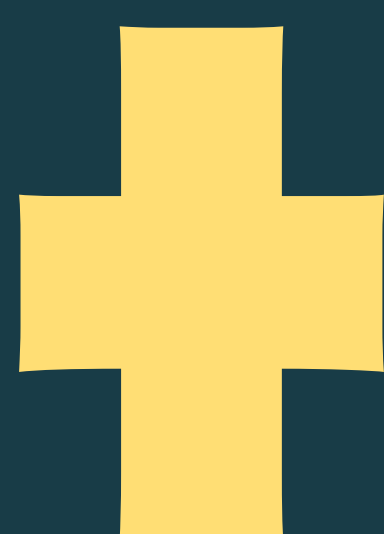
**Breakfast  
Monday - Friday**

Items from the  
counter in any  
combination + a  
piece of fruit

8

**Breakfast  
Saturday - Sunday**

Items from the  
counter in any  
combination + a  
piece of fruit



1 Hot Drink or 1 Glass of Juice  
with all meals



## Dinner



Bowl of Soup & A Fresh Bread Roll



Main Course with 2 Sides



Dessert or Fruit



1 Hot Drink or 1 Glass of Juice  
with all meals